Substance Misuse Resources for the South Central Region

Updated November 2019







Promoting Prevention and Recovery

Intro

What is The South Central Public Health Network?

The South Central NH Public Health Network (SCPHN) is a collaborative of partner agencies that are working to enhance and improve community health and public health services across the region. Public Health is the practice of preventing disease and promoting good health within our communities. Public health is **YOUR HEALTH.** It embodies everything from clean air to safe food and water, as well as access to health care and safe communities.

Through public health planning and initiatives, people get sick less frequently, children have the opportunity to grow into healthy adults, individuals make healthier and safer choices and the community is better prepared to respond to crises and recover from them.

The South Central Public Health Network and its core subcontractors look forward to working with partner agencies and our communities across many sectors to develop strategies and solutions that will respond to your needs in a methodical and informed way.

Our vision is to become the healthiest and safest communities in New Hampshire by identifying public health priorities and developing solutions to improve community health and safety.

Towns: Atkinson, Chester, Danville, Derry, Hampstead, Londonderry, Plaistow, Sandown, Salem & Windham

Purpose of The Resource Guide:

We encourage you to reach out and get help! The purpose of this resource guide is to shed light on the services available in the South Central region in the Continuum of Care for substance use disorders. The Continuum of Care includes prevention, early intervention and identification, treatment, and recovery. We hope that you use this guide to locate services in order to fit your needs, no matter where in the continuum you fall.

For more information on this resource guide or to add your agency please contact: CoC@southcentralphn.org



Disclaimer: The information provided in this guide is for informational purposes only and is not an endorsement of any organization or service. While we will make every effort to keep the information up to date and correct, we make no representations or warranties of any kind, expressed or implied, about the completeness, accuracy, reliability, suitability or availability of any of the organizations or providers listed herein or the information products, services or related graphics contained in the guide for any purpose.

Immediate Attention

IN CASE OF EMERGENCY, DIAL 911 FOR IMMEDIATE POLICE OR FIRE DEPARTMENT RESPONSE.

IMMEDIATE ATTENTION

2-1-1 NH

www.211nh.org/

2-1-1 is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community.

NH TREATMENT LOCATOR

nhtreatment.org/

This website lists a variety of treatment agencies and individual practitioners offering substance use disorder services.

PARKLAND MEDICAL CENTER

1 Parkland Dr. Derry, NH 03038 (603) 432-1500





Prevention is our first line of defense against substance use disorders! The programs below exist in schools and in the community to prevent substance use disorders from happening in the first place.

PREVENTION

BOYS & GIRLS CLUB OF GREATER DERRY

40 E Derry Rd. Derry, NH 03038 (603) 434-6695 www.derrybgclub.org

Youth Organization. Offers: Skills Mastery and Resistance Training Program (SMART) addressing the problems of drug and alcohol use and disruptive behaviors.

BOYS & GIRLS CLUB OF GREATER SALEM

3 Geremonty Dr. Salem, NH 03079 (603) 898-7709 www.bgcgs.org

Youth Organization. Offers: Skills Mastery and Resistance Training Program (SMART) addressing the problems of drug and alcohol use and disruptive behaviors.

COMMUNITY ALLIANCE FOR TEEN SAFETY

1 Hood Rd. Derry, NH 03038 (603) 434-5251 www.catsnh.org

Youth Safety and Prevention. Offers: Safety Programming, Healthy Decision Making and Substance Misuse Prevention Education and Advocacy.

HEALTHY LONDONDERRY

Londonderry, NH 03053 Healthy lifestyle, Decision Making and Substance Misuse Prevention Education initiative of the Town of Londonderry. @Healthy03053; www.facebook.com/HEALTHYLondonderry/

DERRY COOPERATIVE SCHOOL DISTRICT: SAU 10

18 S Main St, Derry, NH 03038 (603) 432-1210 www.sau10.org

Offers: Youth education; Guidance; a Culture of Safety; Awareness of Behavioral Health Needs; Supportive Communication; Red Ribbon week; Life of An Athlete; Child of an Alcoholic group

LONDERRY SCHOOL DISTRICT: SAU 12

268 Mammoth Rd. #C Londonderry, NH 03053 (603) 432-6920 www.londonderry.org

Offers: Youth education; Guidance; a Culture of Safety; Awareness of Behavioral Health Needs; Supportive Communication; Red Ribbon week; Life of An Athlete; Child of an Alcoholic group

TIMBERLANE REGIONAL SCHOOL DISTRICT: SAU55

30 Greenough Rd. Plaistow, NH 03865 (603) 382-6119 www.timberlane.net/sau

Offers: Youth Education; Life of an Owl and Student Assistance Program for screening on mental health/ substance misuse.

SALEM SCHOOL DISTRICT: SAU 57

38 Geremonty Dr. Salem, NH 03079 (603) 893-7040 www.sau57.org

Offers: Youth Education; Guidance; Drug and Alcohol education through health class curriculum in middle and high school; Life of a Blue Devil; Senior Safe Night; Red Ribbon week.

CHESTER SCHOOL DISTRICT: SAU 82

22 Murphy Dr. Chester, NH 03036 (603) 887-3621 www.edline.net/pages/Chester_Academy

Offers: Youth Education on Health; Guidance; Mental Health Needs Assessment; Mental Health Referral; DARE.

WINDHAM SCHOOL DISTRICT: SAU 95

19 Haverhill Rd, Windham, NH 03087 (603) (603)425-1976 www.windhamsd.org

Offers: Youth Education; Friends of Rachel (bullying and violence prevention); Challenge Day (anti-bullying); Life of an Athlete; DARE.

Prevention

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PREVENTION CONTINUED

SOUTHERN ROCKINGHAM COALITION FOR HEALTHY YOUTH

17 Danville Rd. Kingston, NH 03848 (603) 642-3341 ext. 196 www.sorocknh.org

The Southern Rockingham Coalition for Healthy Youth (SoRock) is helping to promote, support, and sustain healthy choices for children, youth and families in our communities by actively working to reduce and prevent alcohol, marijuana, prescription and other drug misuse.

STAND UP SALEM COALITION

Salem, NH 03079 Coalition to promote community-wide substance abuse prevention, intervention, treatment, and recovery.

Standupsalem@gmail.com www.facebook.com/Stand-Up-Salem-162821647428081/? ref=py_c

THE UPPER ROOM A FAMILY RESOURCE CENTER

36 Tsienneto Rd. Derry, NH 03038 (603) 437-8477 www.urteachers.org

Prevention and Early Intervention Services: Youth Education; Substance Misuse Prevention; Anger Management; Juvenile Diversion; School Suspension; Parent Support Groups; Resource and Referral; Individual and home based counseling; Young Adult Services related to substance misuse; SBIR and SASSI.

YMCA OF GREATER LONDONDERRY

206 Rockingham Rd, Londonderry, NH 03053 (603) 437-9622 www.graniteymca.org/locations/greaterlondonderry

Offers: Youth Educational Programs; Teen Zone; Before and After School Childcare for grades K-5; Teen Nights; Parenting a Second Time Around - Tuesdays at 6:00pm

Intervention & Early Identification

Before a problem can be addressed, it must be first diagnosed. It can be a challenge to navigate through services and resources. Physicians and clinicians can be a big help during the process.

INTERVENTION & EARLY IDENTIFICATION

ALLCARE MEDICAL ASSOCIATES

Primary Care 22 Main St, Salem, NH 03079 (603) 893-7905 www.allcaremedical.org/ Insurance Accepted: Most Private Insurance

CORE PEDIATRIC ADOLESCENT MEDICINE

Primary Care for 17 and Under (603) 257-4000 24 Plaistow Road (Suite 3), Plaistow, NH 03865 www.corephysicians.org Insurance Accepted: Most private insurance, medicare, medicaid

ELLIOT PRIMARY CARE

Primary Care 40 Buttrick Rd, Londonderry, NH 03053 (603) 626-4392 elliothospital.org/website/managed-care-plannames-and-website-links.php Insurance Accepted: Most insurances accepted including medicare/medicaid

EVERYCARE MEDICAL ASSOCIATE

Primary Care (603) 685-4609 59 Stiles Rd #104, Salem, NH 03079 www.evercaremedicalassociates.com/ Insurance Accepted: Most private insurance, medicare, medicaid

FAMILY HEALTH MATTERS OF SALEM NH

Primary Care 23 Stiles Rd #210, Salem, NH 03079 (603) 386-0100 Insurance Accepted: Most private insurance, Wellpoint, Wellsense

GREATER DERRY COMMUNITY HEALTH SERVICES

(603) 425-2545 14 Tsienneto Rd, #301, Derry, NH 03038 www.chsgreaterderry.org/ Provide Case Management/Care coordination, Resource Identification and Human Services Assistance

GREATER HAMPSTEAD FAMILY MEDICINE

Primary Care 207 Stage Rd, Hampstead, NH 03841 (603) 329-5222 www.ghfmpc.com Insurance Accepted: Most insurances accepted including medicare/medicaid

LOEW FAMILY MEDICAL PRACTICE

Primary Care 23 Stiles Rd, Salem, NH 03079 (603) 898-9834 doctor.webmd.com/practice/loew-family-medical-practice-pllc-a91056c8-4703-e211-a42b-001f29e3eb44-insurance Insurance Accepted: Most private insurance

Intervention & Early Identification

INTERVENTION & EARLY IDENTIFICATION CONTINUED

DERRY MEDICAL CENTER/ LONDONDERRY FAMILY PRACTICE

Primary Care 6 Tsienneto Rd #100, Derry, NH 03038 (603) 537-1300 www.derrymedicalservices.com Insurance Accepted: Most insurance accepted, medicaid for existing patients only

RICHARD KANIA, MLADC

Evaluation (Specialty: Court ordered MLADC) (978) 852-3395 4 Birch St, 2nd Floor, Derry, NH www.RichKania.com Self pay

SALEM FAMILY PRIMARY CARE

Primary Care 29 Stiles Rd #301, Salem, NH 03079 (603) 870-5452 www.bidmc.org/pcpsalemfamilyprimarycare Insurance Accepted: Most private insurance

SOUTHERN NH INTERNAL MEDICINE

Primary Care 6 Tsienneto Rd, Derry, NH 03038 (603) 216-0400 www.snhima.com/ Insurance Accepted: Most major insurance accepted

LONDONDERRY PEDIATRICS

25 Buttrick Road, Londonderry, NH 03053 (603) 437-1003 www.londonderrypediatrics.com *Insurance: Accepted: Most insurance accepted*

ATTENTION PHYSICIANS! ARE YOU UTILIZING SBIRT?

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

SBIRT is an evidence-based, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorder, as well as those who are at risk of developing substance use disorder. SBIRT requires screening of every patient for potential alcohol or other drug problems and a response which reinforces non-harmful use, educates about the impact of substance misuse on overall health and safety, and supports patients with problematic use in accessing further assessment, diagnosis, and treatment. New Hampshire has several initiatives in place to expand SBIRT in Primary Care settings and Community Health Centers.

These services exist for those that are ready to seek help. There are two main types of treatment programs; inpatient and outpatient. Inpatient is being admitted into a hospital or facility to be closely monitored. Outpatient treatment can include individual and/or group counseling but allows the person to remain at home and still work or attend school.

TREATMENT/ RECOVERY

ADDICTION RECOVERY SERVICES

Withdrawal Management, Evaluation, Intensive Outpatient Programs, Medication Assisted Treatment (buprenorphine). 18+ 23 Stiles Rd Ste 108, Salem, NH (814) 515-9896 www.arsnh.com Insurance Accepted: Private insurance, sliding fee scale, self pay

ALLIANCE COUNSELING & THERAPEUTIC SERVICES

Evaluation, Individual Outpatient Counseling 18+ 59 Stiles Rd #203, Salem, NH 03079 (603) 952-4630 alliancecounselingservices.net/ Insurance Accepted: Private Insurance, Sliding fee scale, self pay

ARDEN WELLNESS

15 Ermer Rd, Suite 202, Salem, NH, (603) 458-2108 Accepts most private insurance

AWARE RECOVERY CENTER

In-Home, must be able to pass urinalysis, post detox. Intake Evaluation and Assessment and Possible Referral for Detox, Full Evaluation and Ongoing Case Review by an Addiction Pychiatrist, Ongoing Medical Care and Oversight by an RN, Daily Recovery Guidance and Support, Therapeutic Family Assessment and ongoing review with a licensed Family Therapist, Wellness and Life Coaching, and Family Systems Approach Available statewide (603) 769-8462 www.awarerecoverycare.com Insurance Accepted: BCBS, Medicaid through BCBS

BETWEEN US ASSOCIATES

Individual Outpatient Therapy 151 Main St #6c, Salem, NH 03079 (603) 836-5003 www.betweenusassociates.com/ Insurance Required: Yes Insurance Accepted: Most private insurance

BRESNAHAN AND BALL COUNSELING SERVICES

Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Recovery Support Services (Anger Management, Recovery Mentoring and Relapse Prevention Management, Care Coordination, Other Recovery Support Services) Homeless Specialty, Pregnant or Parenting Women Specialty, Military and Veterans Specialty, Gender-Specific Men Specialty, Gender-Specific Women Specialty 1B Commens Dr Suite 7, Londonderry, NH 03053 (603) 965-6477 www.bresnahanandballcounselingservices.com/ Insurance Accepted: Most private insurance, medicare, medicaid, self pay

CLEAR BROOK COUNSELING SERVICES

Gender-Specific Men Specialy, Evaluation, Individual Outpatient Counseling, Medication Assisted Treatment (naltrexone) 75 Gilcreast Rd #200, Londonderry, NH 03053 (603) 434-8040 www.clearbrookcounseling.com/ Insurance Accepted: Sliding fee scale, self pay

TREATMENT/ RECOVERY CONTINUED

CROSSROADS RECOVERY CENTER

Evaluations, Intensive Outpatient Programs, Individual Counseling and Psychiatric Medication Services 155 Main St, Salem, NH (603) 912-4490 www.crossroadsrecoverycenter.com Insurance Accepted: Incl: Blue Cross and Blue Shield and Medicaid including NH Healthy Families, Wellsense and Amerihealth

DUBE COUNSELING

18+ Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling 50 Nashua Rd, Londonderry, NH 03053 (603) 848-6347 Self pay

FARNUM CENTER

18+, Pregnant or Parenting Women Speciality,
Gender Specific Men, Gender Specific Women,
Military and Veterans. Withdrawal Management,
Evaluation, Individual Outpatient Counseling, Group
Outpatient Counseling, Intensive Outpatient
Programs, Partial Hospitalization, Residential
Services, Medication Assisted Treatment
(buprenorphine)
140 Queen City Ave, Manchester, NH

(603) 622-3020 www.farnumcenter.org Insurance Accepted: Most private insurance, medicare, sliding fee scale, self pay

GRANITE HOUSE

Men Only. Sober Living, Group and Individual Therapy, Job Assistance 35 West Broadway, Derry, NH

(603) 216-5094 www.granitehousel.com

Insurance Accepted: Self pay. Outpatient services work with private insurance.

GRANITE RECOVERY CENTERS

Men Only Outpatient Individual Therapy, Group Therapy, and free recover support services. 6 Manor Parkway, Salem, NH (877) 890-3234 www.graniterecoverycenters.com/ Insurance Accepted: Self pay. Outpatient work with private insurance

HAMPSTEAD HOSPITAL

Withdrawal Management, Evaluation, Intensive Outpatient Programs, Partial Hospitalization, Residential Services, Medication Assisted Treatment (buprenorphine) 218 East Rd, Hampstead, NH (603) 329-5311 www.hampsteadhospital.com Insurance Required: Yes Insurance Accepted: Most private insurance

HERB MEYER FAMILY PRACTICE

18+ Withdrawal Management, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Medication Assisted Treatment (buprenorphine), Recovery Support Services 391 Main St, Danville, NH (603) 303-0646 Insurance Accepted: Most private insurance, self pay, medicaid

SALEM PSYCHOLOGICAL ASSOCIATES

Individual Therapy, Marital Therapy, Family Therapy, Group Therapy, Psychological Assessment, Substance Misuse Assessment and Treatment, Parenting Education, Coordination with School Staff 87 Stiles Road, Suite 106. Salem, NH 03079 (603) 893-7700 http://www.salempsychologicalassociates.com

Most private insurance accepted plus Medicaid and Medicare.

TREATMENT/ RECOVERY CONTINUED

KAREN KELLEY

Individual Outpatient Therapy 54 Marshall Rd, Kingston, NH (603) 642-3327 *Self Pay* www.addicted.org/directory/item/keran-kelley.html

NEW ENGLAND PASTORAL INSTITUTE

18+ Individual Outpatient Therapy 15 Ermer Road, Suite 215, Salem, NH (603) 890-6767 intakes by Aaron Pollock www.nepastoral.org Insurance Accepted: Most private insurance, medicare, self pay

NH SUBOXONE CENTER

Medication Assisted Treatment (buprenorphine) 159 North Broadway, Salem, NH (603) 490-3984 www.healthgrades.com/physician/drmichael-romanowsky-x6gt5 *Self pay, no personal checks*

RECOVERY FIRST

Group/Individual Therapy, Drug Testing, Sober Transportation, Case Management, Treatment Placement and Coordination 16 Manning St., #110, Derry, NH 03038 (855) 393-4941 www.recoveryfirstnh.com *Please call for insurance information*

ROCKINGHAM FAMILY COUNSELING CLINIC

10 Bricketts Mill Rd, Suite A, Hampstead, NH (603) 432-1455 www.waynehansenms.com/ Military/ Veterans specialty, marriage and family support, Evaluation, Withdrawal Mgmt, Individual Outpatient Counseling, Group Outpatient, Intensive Outpatient Programs, Medication Assisted Treatment (Other Medication), Recovery Support Services.

THE CENTER FOR LIFE MANAGEMENT

18+ Screening, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling 10 Tsienneto Rd, Derry, NH 03038 and 103 Stiles Rd, Salem, NH 03079 (603) 434-1577 www.centerforlifemanagement.org Insurance Accepted: Most private insurance, medicare, medicaid, self pay

THE COUNSELING CENTER OF NASHUA

18 + Outpatient Individual Therapy, Medication Assisted Treatment 50 Nashua Rd #305, Londonderry, NH 03053 (603) 432-3033 www.counselingcenter.com/ Insurance Accepted: Most private insurance, self pay

THE CYPRESS CENTER

18+, Partial Hospitalization 401 Cypress St, Manchester, NH (603) 668-4111 Insurance Accepted: Most private insurance

THE MENTAL HEALTH CENTER OF GREATER MANCHESTER

Community mental health center, screening, evaluation, individual outpatient counseling 401 Cypress St, Manchester, NH (603) 668-4111 Insurance Accepted: Most commercial plans and medicaid/medicare for eligible patients

WANT HELP? NOT YET Call the NH Statewide Addiction Crisis Line at (844) 711-4357.	Get a skilled assessment from a medical or substance use disorder provider.
WHERE DO I GET AN ASSESSMENT? INSURANCE Visit your primary care doctor or any of the providers listed on this page.	• NO INSURANCE • Families in Transition Healthcare for the Homeless Office of Youth Services

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REVIEW TREATMENT OPTIONS INPATIENT

Farnum Center: (603) 622-3020

Cypress Center: (603) 668-4111

West Bridge Community Services: (603) 634-4446

OUTPATIENT

Aware Recovery (603) 769-8462
Live Free Recovery (603) 563-0061
Crossroads Recovery (603) 912-4490
Granite Recovery Center (877) 890-3234
Addiction Recovery Services (814) 515-9896
New England Pastoral Institute (603) 890-6767
NH Suboxone Center (603) 490-3984
Hampstead Hospital (603) 329-5311

Recovery

Continuing to abstain from substances after treatment is also important. These services offer support and help once treatment is completed.

RECOVERY

1ST BAPTIST CHURCH OF DERRY

Family Support Group 44 E Broadway, Derry, NH (603) 432-3482 www.fbcderry.org/ Day: Mon 6:30pm - 8:00pm

1ST BAPTIST CHURCH OF PLAISTOW

Family Support Group and 12 Step 122 Main St, Plaistow, NH (603) 382 - 5075 www.fbcplaistow.org/ Day: Fri 8:00pm (12 Step). 3rd Sun of month is family at 6:30pm

1ST PARISH CONGRESSIONAL CHURCH

12 Step Recovery Programs 47 E Derry Rd, Derry, NH (603) 434-0628 www.fpc-ucc.org/ Day: Sat 7:30pm

ATKINSON COMMUNITY CENTER

12 Step Recovery Programs 4 Main St, Hampstead, NH (603) 362-5531 Day: Thurs 7:30 - 9:00pm, Sat 11:00am - 1230pm

CHURCH OF THE TRANSFIGURATION

12 Step Recovery Programs 1 Hood Rd, Derry, NH (603) 432-2120 www.dcoft.org/ Day: Thurs 7:30 - 9:00 pm, Sat 11:00 am - 12:30pm

DERRY FRIENDSHIP CENTER

12 Step Recovery Programs 6 Railraod Ave, Derry, NH (603) 432-9794 www.thederryfriendshipcenter.org/ Day: Sun 10:00am, Sun 7:00pm, Mon 10:00am, 5:45pm, 8:00pm, Tues 10:00am, 5:45pm, 8:00pm, Wed 10:00am, 6:00pm, 8:00pm, Thurs 10:00am, 5:45pm, Fri 10:00am, 7:00pm, Sat 11:00am, 10:00pm

FASTER

Family Support Group Marion Gerrish Community Center, 39 W Broadway, Derry, NH (603) 247-7322 www.mwvsupportsrecovery.org/ Day: Wed 6:30pm - 8:00pm

GRANITE RECOVERY CENTERS (PRITTS RECOVERY CENTER)

Heroin Anonymous Recovery support groups, recovery center activities 6 Manor Parkway, Salem, NH (603) 552-5772 www.graniterecoverycenters.com/ pritts-recovery-center/ Day: Mon 7:30pm - 8:30pm, Tuesday (yoga) 5:00pm - 6:15pm

HAMPSTEAD CONGRESSIONAL CHURCH

12 Step Recovery Programs 61 Main St, Hampstead, NH (603) 329-6985 www.hampsteaducc.org/ Day: Thurs 7:30 - 9:00 pm, Sat 11:00am -1230pm; Support group for family members living with addiction 3rd Monday of month at 6:00pm

Recovery

RECOVERY CONTINUED

JOURNEY OF HOPE

Family Support for those who lost a loved one Londonderry Senior Center, 535 Mammoth Rd, Londonderry, NH Day: Second and Fourth Sunday of Month, 6:00pm - 730pm

LIVE FREE RECOVERY

Adolescent IOP (603) 563-0061 Insurance Accepted: Tufts, NH Healthy Families, Cigna, Harvard Pilgrim, Anthem, Medicaid

LONDONDERRY CHRISTIAN CHURCH

12 Step Recovery Programs 372 Mammoth Rd, Londonderry, NH (603) 432-4630 www.londonderrychristianchurch.com *Day: Thurs 7:30pm*

MARION GERRISH COMMUNITY CENTER

12 Step Recovery Programs 39 W Broadway, Derry, NH (603) 434-8866 www.mgccderrynh.org/ Day: Tue 7:00pm (women's), Wed 7:30pm, Fri 7:30pm (women's)

MARY QUEEN OF PEACE

12 Step Program 200 Laurence Rd, Salem NH (603) 893-8661 www.saintsmaryandjoseph.org/ Day: Wed 8:00pm - 9:00pm

NORTHEAST REHAB HOSPITAL

Hopeful, Helpful, Grateful 70 Butler St, Salem, NH (603) 893-2900 nhaa.net/meetings/hopeful-helpfulgrateful/?tsml-day=any&tsml-region=2654 Day: Sat 7:00pm - 8:00pm

ORCHARD CHRISTIAN FELLOWSHIP CHURCH

12 Step Recovery Programs 136 Pillsbury RD, Londonderry, NH (603) 425-6231 www.orchardnh.org/ Day: Tue & Wed both at 7:00pm

ST. CHRISTOPHER'S CHURCH

12 Step Recovery Programs 187 E Hampstead Rd, Hampstead, NH (603) 329-4674 www.stchristophersnh.org/ Day: Thurs 7:30pm

ST DAVID'S CHURCH

12 Step Recovery Programs 231 Main St, Salem, NH (603) 893-0342 www.stdavidsalemnh.org/site/ Day: Sun 7:30pm, Mon 7:30pm, Tues 6:45pm, Wed 5:30pm, 7:00pm, Fri 8:00pm, Sat 10:30am

STEVENS MEMORIAL HALL

12 Step Recovery Programs 2 Chester Rd, Chester, NH Day: Wed 8:00pm - 930pm

Recovery

RECOVERY CONTINUED

ST PETERS EPISCOPAL CHURCH

12 Step Recovery Programs 3 Peabody Rd, Londonderry, NH (603) 437-8333 www.stpeterslondonderry.org/ *Day: Wed 12:00pm*

WEST BRIDGE COMMUNITY SERVICES

Men Only. Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Intensive Outpatient Programs, Residential Services, Medication Assisted Treatment (buprenorphine) 1316 Elm Street, Suit 400, Manchester, NH 03101 (603) 634-4446 www.westbridge.org *Self pay*

TRIUMPHANT CROSS LUTHERAN CHURCH

12 Step Recovery Programs 171 Zion Hill Rd, Salem, NH (603) 893-0305 www.triumphantcross.org/ Day: Mon - Fri 12:00 - 1:00pm

WINDHAM TOWN HALL

12 Step Recovery Programs 3 N Lowell Rd, Windham, NH (603) 965-1200 www.windhamnh.gov Day: Sun 10:00pm - 11:30am

Other Resources

Resources and Support for those in need of additional assistance.

OTHER RESOURCES

2-1-1 NH http://www.211nh.org

2-1-1 is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community

Servicelink

8 Commerce Dr #802 Atkinson, NH 03811 (603) 893-9769 http://www.servicelink.nh.gov

Offers: The citizens of Rockingham County the assistance they deserve as they contemplate longterm care options, sign up for Medicare or Marketplace insurance, or apply for state benefits.

US Dept. of Veterans Affairs

718 Smyth Rd. Manchester, NE 03301 (603)624-4366 Crisis Line: 1-800-273-8255 X1 http://www.manchester.va.gov

Offers: A wide range of medical and supportive care including Substance Misuse Services and Mental Health

Easter Seals New Hampshire

555 Auburn St. Manchester, NH 03103 (603) 623-8863 http://www.eastersealsnh.org

Offers: A lifespan of programs and opportunities to people with disabilities and/or special needs including a Veterans Support program vetscount@eastersealnh.org



SOUTHERN NH SERVICES

Rockingham Community Action Program 9 Crystal Ave. Derry, NH 03038 (603) 965-3029 http://www.snhs.org

Offers: Numerous programs including fuel assistance, food stamps (SNAP), Head Start, Commodity Food Program and more.

NH LEGAL ASSISTANCE

1850 Elm St. Manchester, NH 03104 (603) 668-2900 http://www.nhla.org

Offers: Victims Assistance, Tenant Rights, Public Benefits Representation, Utilities Issues, Youth Law and other services.

Community Crossroads NH

8 Commerce Drive, Unit 801 Atkinson, NH 03811 (603) 893-1299 http://www.communitycrossroadsnh.org

Offers: A comprehensive community agency serving families and individuals with disabilities or chronic health conditions from birth to elder years through conflict free case management.