

Substance Support Service Navigator for the South Central Region

Updated September 2020











What is The South Central Public Health Network?

The South Central NH Public Health Network (SCPHN) is a collaborative of partner agencies that are working to enhance and improve community health and public health services across the region. Public Health is the practice of preventing disease and promoting good health within our communities. Public health is **YOUR HEALTH.** It embodies everything from clean air to safe food and water, as well as access to health care and safe communities.

Through public health planning and initiatives, people get sick less frequently, children have the opportunity to grow into healthy adults, individuals make healthier and safer choices and the community is better prepared to respond to crises and recover from them.

The South Central Public Health Network and its core subcontractors look forward to working with partner agencies and our communities across many sectors to develop strategies and solutions that will respond to your needs in a methodical and informed way.

Our vision is to become the healthiest and safest communities in New Hampshire by identifying public health priorities and developing solutions to improve community health and safety.

Towns: Atkinson, Chester, Danville, Derry, Hampstead, Londonderry, Plaistow, Sandown, Salem & Windham

Purpose of The Navigator:

We encourage you to reach out and get help! The purpose of this resource navigator is to shed light on the services available in the South Central region. A part of the network is the Continuum of Care for substance use disorders. The Continuum of Care scope of work includes prevention, early intervention and identification, treatment, and recovery resource idendification We hope that you use this guide to locate services in order to fit your needs, no matter where in the continuum you fall.

For more information on this resource guide or to add your agency please contact: katemacdonald@catsnh.org.











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IN CASE OF EMERGENCY, DIAL 911 FOR IMMEDIATE POLICE OR FIRE DEPARTMENT RESPONSE.

IMMEDIATE ATTENTION

2-1-1 NH

www.211nh.org/

2-1-1 is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community.

NH TREATMENT LOCATOR

nhtreatment.org/

This website lists a variety of treatment agencies and individual practitioners offering substance use disorder services.

PARKLAND MEDICAL CENTER

1 Parkland Dr. Derry, NH 03038 **(603) 432-1500**











Prevention is our first line of defense against substance use disorders! The programs below exist in schools and in the community to prevent substance use disorders from happening in the first place.

PREVENTION

BOYS & GIRLS CLUB OF GREATER DERRY

40 E Derry Rd. Derry, NH 03038
(603) 434-6695
www.derrybgclub.org
Youth Organization. Offers: Skills Mastery

and Resistance Training Program (SMART) addressing the problems of drug and alcohol use and disruptive behaviors.

BOYS & GIRLS CLUB OF GREATER SALEM 3

Geremonty Dr. Salem, NH 03079

(603) 898-7709 www.bgcgs.org

Youth Organization. Offers: Skills Mastery and Resistance Training Program (SMART) addressing the problems of drug and alcohol use and disruptive behaviors.

COMMUNITY ALLIANCE FOR TEEN SAFETY

1 Hood Rd. Derry, NH 03038

(603) 434-5251 www.catsnh.org

Youth Safety and Prevention. Offers: Safety Programming, Healthy Decision Making and Substance Misuse Prevention Education and Advocacy.

HEALTHY LONDONDERRY

Londonderry, NH 03053

Healthy lifestyle, Decision Making and Substance Misuse Prevention Education initiative of the Town of Londonderry. @Healthy03053; www.facebook.com/HEALTHYLondonderry/

DERRY COOPERATIVE SCHOOL DISTRICT: SAU 10

18 S Main St, Derry, NH 03038 (603) 432-1210 www.sau10.org

Offers: Youth education; Guidance; a Culture of Safety; Awareness of Behavioral Health Needs; Supportive Communication; Red Ribbon week; Life of An Athlete; Child of an Alcoholic group

LONDERRY SCHOOL DISTRICT: SAU 12

268 Mammoth Rd. #C Londonderry, NH 03053 (603) 432-6920 www.londonderry.org

Offers: Youth education; Guidance; a Culture of Safety; Awareness of Behavioral Health Needs; Supportive Communication; Red Ribbon week; Life of An Athlete; Child of an Alcoholic group

TIMBERLANE REGIONAL SCHOOL DISTRICT: SAU55

30 Greenough Rd. Plaistow, NH 03865 (603) 382-6119 www.timberlane.net/sau

Offers: Youth Education; Life of an Owl and Student Assistance Program for screening on mental health/substance misuse.

SALEM SCHOOL DISTRICT: SAU 57

38 Geremonty Dr. Salem, NH 03079 (603) 893-7040 www.sau57.org

Offers: Youth Education; Guidance; Drug and Alcohol education through health class curriculum in middle and high school; Life of a Blue Devil; Senior Safe Night; Red Ribbon week.

CHESTER SCHOOL DISTRICT: SAU 82

22 Murphy Dr. Chester, NH 03036

(603) 887-3621 www.edline.net/pages/Chester_Academy

Offers: Youth Education on Health; Guidance; Mental Health Needs Assessment; Mental Health Referral; DARE.

WINDHAM SCHOOL DISTRICT: SAU 95

19 Haverhill Rd, Windham, NH 03087

(603) (603)425-1976 www.windhamsd.org

Offers: Youth Education; Friends of Rachel (bullying and violence prevention); Challenge Day (anti-bullying); Life of an Athlete; DARE.



PREVENTION CONTINUED

SOUTHERN ROCKINGHAM COALITION FOR HEALTHY YOUTH

17 Danville Rd. Kingston, NH 03848 (603) 642-3341 ext. 196 www.sorocknh.org

The Southern Rockingham Coalition for Healthy Youth (SoRock) is helping to promote, support, and sustain healthy choices for children, youth and families in our communities by actively working to reduce and prevent alcohol, marijuana, prescription and other drug misuse.

STAND UP SALEM COALITION

Salem, NH 03079

Coalition to promote community-wide substance abuse prevention, intervention, treatment, and recovery.

Standupsalem@gmail.com
Follow on Facebook @standupsalemnh

THE UPPER ROOM A FAMILY RESOURCE CENTER

36 Tsienneto Rd. Derry, NH 03038 (603) 437-8477

(603) 437-8477 www.urteachers.org

Prevention and Early Intervention Services: Youth Education; Substance Misuse Prevention; Anger Management; Juvenile Diversion; School Suspension; Parent Support Groups; Resource and Referral; Individual and home based counseling; Young Adult Services related to substance misuse; SBIR and SASSI.

YMCA OF GREATER LONDONDERRY

206 Rockingham Rd, Londonderry, NH 03053 (603) 437-9622 www.graniteymca.org/locations/greater-londonderry

Offers: Youth Educational Programs; Teen Zone; Before and After School Childcare for grades K-5; Teen Nights; Parenting a Second Time Around - Tuesdays at 6:00pm



Before a problem can be addressed, it must be first diagnosed. It can be a challenge to navigate through services and resources. Physicians and clinicians can be a big help during the process.

INTERVENTION & EARLY IDENTIFICATION

ALLCARE MEDICAL ASSOCIATES

Primary Care
22 Main St, Salem, NH 03079
(603) 893-7905
www.allcaremedical.org/
Insurance Accepted: Most Private Insurance

CORE PEDIATRIC ADOLESCENT MEDICINE

Primary Care for 17 and Under (603) 257-4000 24 Plaistow Road (Suite 3), Plaistow, NH 03865 www.corephysicians.org Insurance Accepted: Most private insurance, medicare, medicaid

ELLIOT PRIMARY CARE

Primary Care
40 Buttrick Rd, Londonderry, NH 03053
(603) 626-4392
elliothospital.org/website/managed-care-plannames-and-website-links.php
Insurance Accepted: Most insurances accepted including medicare/medicaid

EVERYCARE MEDICAL ASSOCIATE

Primary Care (603) 685-4609 59 Stiles Rd #104, Salem, NH 03079 www.evercaremedicalassociates.com/ Insurance Accepted: Most private insurance, medicare, medicaid

FAMILY HEALTH MATTERS OF SALEM NH

Primary Care 23 Stiles Rd #210, Salem, NH 03079 (603) 386-0100 Insurance Accepted: Most private insurance, Wellpoint, Wellsense

GREATER DERRY COMMUNITY HEALTH SERVICES

(603) 425-2545
14 Tsienneto Rd, #301, Derry, NH 03038
www.chsgreaterderry.org/
Provide Case Management/Care coordination,
Resource Identification and Human Services
Assistance

GREATER HAMPSTEAD FAMILY MEDICINE

Primary Care 207 Stage Rd, Hampstead, NH 03841 (603) 329-5222 www.ghfmpc.com Insurance Accepted: Most insurances accepted including medicare/medicaid

LOEW FAMILY MEDICAL PRACTICE

Primary Care
23 Stiles Rd, Salem, NH 03079
(603) 898-9834
doctor.webmd.com/practice/loew-family-medical-practice-pllc-a91056c8-4703-e211-a42b-001f29e3eb44-insurance
Insurance Accepted: Most private insurance



INTERVENTION & EARLY IDENTIFICATION CONTINUED

DERRY MEDICAL CENTER/ LONDONDERRY FAMILY PRACTICE

Primary Care
6 Tsienneto Rd #100, Derry, NH 03038
(603) 537-1300
www.derrymedicalservices.com
Insurance Accepted: Most insurance accepted,
medicaid for existing patients only

RICHARD KANIA, MLADC

Evaluation (Specialty: Court ordered MLADC) (978) 852-3395 4 Birch St, 2nd Floor, Derry, NH www.RichKania.com Self pay

SALEM FAMILY PRIMARY CARE

Primary Care
29 Stiles Rd #301, Salem, NH 03079
(603) 870-5452
www.bidmc.org/pcpsalemfamilyprimarycare
Insurance Accepted: Most private insurance

SOUTHERN NH INTERNAL MEDICINE

Primary Care 6 Tsienneto Rd, Derry, NH 03038 (603) 216-0400 www.snhima.com/ Insurance Accepted: Most major insurance accepted

LONDONDERRY PEDIATRICS

25 Buttrick Road, Londonderry, NH 03053 (603) 437-1003 www.londonderrypediatrics.com Insurance: Accepted: Most insurance accepted

ATTENTION PHYSICIANS! ARE YOU UTILIZING SBIRT?

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

SBIRT is an evidence-based, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorder, as well as those who are at risk of developing substance use disorder. SBIRT requires screening of every patient for potential alcohol or other drug problems and a response which reinforces non-harmful use, educates about the impact of substance misuse on overall health and safety, and supports patients with problematic use in accessing further assessment, diagnosis, and treatment. New Hampshire has several initiatives in place to expand SBIRT in Primary Care settings and Community Health Centers.



These services exist for those that are ready to seek help. There are two main types of treatment programs; inpatient and outpatient. Inpatient is being admitted into a hospital or facility to be closely monitored. Outpatient treatment can include individual and/or group counseling but allows the person to remain at home and still work or attend school.

TREATMENT/ RECOVERY

ADCARE ADDICTION TREATMENT CENTER
Serving Massachusetts and Southern NH.
Inpatient, Outpatient and Virtual Services
Available (866) 437-0779
http://www.adcare.com
Insurance Accepted: MMost private insurance

ADDICTION RECOVERY SERVICES

Withdrawal Management, Evaluation, Intensive Outpatient Programs, Medication Assisted Treatment (buprenorphine). 18+23 Stiles Rd Ste 108, Salem, NH (814) 515-9896 www.arsnh.com

Insurance Accepted: Private insurance, sliding fee scale, self pay and NH Medicaid

ALLIANCE COUNSELING & THERAPEUTIC SERVICES

Evaluation, Individual Outpatient Counseling 18+59 Stiles Rd #203, Salem, NH 03079 (603) 952-4630 alliancecounselingservices.net/
Insurance Accepted: Private Insurance, Sliding fee scale, self pay

AWARE RECOVERY CENTER

In-Home, must be able to pass urinalysis, post detox. Intake Evaluation and Assessment and Possible Referral for Detox, Full Evaluation and Ongoing Case Review by an Addiction Pychiatrist, Ongoing Medical Care and Oversight by an RN, Daily Recovery Guidance and Support, Therapeutic Family Assessment and ongoing review with a licensed Family Therapist, Wellness and Life Coaching, and Family Systems Approach Available statewide

(603) 769-8462 www.awarerecoverycare.com Insurance Accepted: BCBS, Medicaid through BCBS

BETWEEN US ASSOCIATES

Individual Outpatient Therapy 151 Main St #6c, Salem, NH 03079 (603) 836-5003 www.betweenusassociates.com/ Insurance Required: Yes Insurance Accepted: Most private insurance

BRESNAHAN AND BALL COUNSELING SERVICES

Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Recovery Support Services (Anger Management, Recovery Mentoring and Relapse Prevention Management, Care Coordination, Other Recovery Support Services)
Homeless Specialty, Pregnant or Parenting Women Specialty, Military and Veterans Specialty, Gender-Specific Men Specialty, Gender-Specific Women Specialty
1B Commens Dr Suite 7, Londonderry, NH 03053 (603) 965-6477
www.bresnahanandballcounselingservices.com/

medicare, medicaid, self pay

Insurance Accepted: Most private insurance,

CLEAR BROOK COUNSELING SERVICES

Gender-Specific Men Specialy, Evaluation, Individual Outpatient Counseling, Medication Assisted Treatment (naltrexone)
75 Gilcreast Rd #200, Londonderry, NH 03053 (603) 434-8040
www.clearbrookcounseling.com/
Insurance Accepted: Sliding fee scale, self pay



TREATMENT/ RECOVERY CONTINUED

CROSSROADS RECOVERY CENTER

Evaluations, Intensive Outpatient Programs (IOP), Individual Counseling and Psychiatric Medication Services 155 Main St, Salem, NH

(603) 912-4490 www.crossroadsrecoverycenter.com Insurance Accepted: Incl: Blue Cross and Blue Shield and Medicaid including NH Healthy Families, Wellsense and Amerihealth

DUBE COUNSELING

18+ Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling 50 Nashua Rd, Londonderry, NH 03053 (603) 848-6347 Self pay

FARNUM CENTER

18+, Pregnant or Parenting Women Speciality, Gender Specific Men, Gender Specific Women, Military and Veterans. Withdrawal Management, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Intensive Outpatient Programs, Partial Hospitalization, Residential Services, Medication Assisted Treatment (buprenorphine) 140 Queen City Ave, Manchester, NH (603) 622-3020 www.farnumcenter.org

Insurance Accepted: Most private insurance, medicare, sliding fee scale, self pay

GRANITE HOUSE

Residential Services for men and women in recovery. 35 West Broadway, Derry, NH

(603) 216-5094 www.granitehousel.com

Insurance Accepted: Self pay, Medicaid. Call for information.

GRANITE RECOVERY CENTERS

Men Only Outpatient Individual Therapy, Group Therapy, and free recover support services. 6 Manor Parkway, Salem, NH (877) 890-3234 www.graniterecoverycenters.com/ Insurance Accepted: Self pay. Outpatient work with private insurance

HAMPSTEAD HOSPITAL

Withdrawal Management, Evaluation, Intensive
Outpatient Programs, Partial Hospitalization,
Residential Services, Medication Assisted Treatment
(buprenorphine)
218 East Rd, Hampstead, NH
(603) 329-5311
www.hampsteadhospital.com
Insurance Required: Yes
Insurance Accepted: Most private insurance

HERB MEYER FAMILY PRACTICE

18+ Withdrawal Management, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Medication Assisted Treatment (buprenorphine), Recovery Support Services 391 Main St, Danville, NH (603) 303-0646
Insurance Accepted: Most private insurance, self pay, medicaid

SALEM PSYCHOLOGICAL ASSOCIATES

Individual Therapy, Marital Therapy, Family Therapy, Group Therapy, Psychological Assessment, Substance Misuse Assessment and Treatment, Parenting Education, Coordination with School Staff 87 Stiles Road, Suite 106. Salem, NH 03079 (603) 893-7700

http://www.salempsychologicalassociates.com Most private insurance accepted plus Medicaid and Medicare.



TREATMENT/ RECOVERY CONTINUED

NEW ENGLAND PASTORAL INSTITUTE

15 Ermer Road, suite 125
Salem, NH 03079
(603) 890-6767
18+ Individual Outpatient Care
Insurance Accepted: Some Insurance Plans and Self
pay. Call for information

NH SUBOXONE CENT

Medication Assisted Treatment (buprenorphine) 159 North Broadway, Salem, NH (603) 490-3984 Self Pay Only

REVIVE RECOVERY

Substance Misuse and Addiction Recovery Support through peer recovery and family support services Regional Location:

Derry Friendship Center 6 RailRoad Ave., Derry, NH 03038 (888)) 317-83122 - press 22 Call for Information. NH Medicaid Accepted

ROCKINGHAM FAMILY COUNSELING CLINIC

10 Bricketts Mill Rd, Suite A, Hampstead, NH (855) 771-4109

www.waynehansenms.com/

Specializing in relationship issues, Counseling for all ages and substance misuse counseling and support. Additional support for coping skills, anger management and family conflict.

Insurance Accepted: Please call for information.

THE CENTER FOR LIFE MANAGEMENT

18+ Screening, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling 10 Tsienneto Rd, Derry, NH 03038 and 103 Stiles Rd, Salem, NH 03079 (603) 434-1577 www.centerforlifemanagement.org Insurance Accepted: Most private insurance,

THE COUNSELING CENTER OF NE

medicare, medicaid, self pay

18 + Outpatient Individual Therapy, Medication Assisted Treatment 50 Nashua Rd #305, Londonderry, NH 03053 (603) 432-3033 www.counselingcenter.com/ Insurance Accepted: Most private insurance, self pay

THE CYPRESS CENTER

18+, Partial Hospitalization 401 Cypress St, Manchester, NH (603) 668-4111 Insurance Accepted: Most private insurance

THE MENTAL HEALTH CENTER OF GREATER MANCHESTER

Community mental health center, screening, evaluation, individual outpatient counseling 401 Cypress St, Manchester, NH (603) 668-4111

Insurance Accepted: Most commercial plans and medicaid/medicare for eligible patients



WANT HELP?

NOT YET

Call 2-1-1 for information and resources.

YES

Get a skilled assessment from a medical or substance use disorder provider.

WHERE DO I GET AN ASSESSMENT?

INSURANCE

Visit your primary care doctor or any of the providers listed on this page.

NO INSURANCE

Families in Transition Healthcare for the Homeless Office of Youth Services

REVIEW TREATMENT OPTIONS INPATIENT

Farnum Center: (603) 622-3020

Cypress Center: (603) 668-4111

West Bridge Community Services: **(603) 634-4446**

OUTPATIENT

Aware Recovery (603) 769-8462

Live Free Recovery (603) 563-0061

Crossroads Recovery (603) 912-4490

Granite Recovery Center (877) 890-3234

Addiction Recovery Services (814) 515-9896

New England Pastoral Institute (603) 890-6767

NH Suboxone Center (603) 490-3984

Hampstead Hospital (603) 329-5311



VIRTUAL RESOURCES DURING COVID-19

If you are searching for online support during COVID-19 there are several local treatment and recovery organizations that are offering telehealth and virtual support services.

You May be Apart from Others, but You are Not Alone!

Addiction Recovery Services 23 Stiles Rd, Suite 108 Salem NH 814-515-9896 www.arsnh.com

Crossroads Recovery 155 Main St Salem, NH 603-912-4490 www.crossroadsrecoverycenter.com

Farnum Center 140 Queen City Ave Manchester, NH 603-622-3020 www.farnumcenter.org HOPE FOR NH RECOVERY
Meetings Online (12- Step, SMART)
293 Wilson St
Manchester NH
603-935-7524
www.hopefornhrecovery.org

DERRY FRIENDSHIP CENTER Meetings online (12- Step) (603) 432-9794 www.facebook.com/ derryfriendshipcenter

YMCA OF GREATER LONDONDERRY Parenting A Second Time Around Group Tuesdays 6-7:30pm (603)437-9622 Ask for Lisa

There are numerous other opportunities for virtual support:

- Alcoholics Anonymous meetings can be found at: http://www.nhaa.net/meetings
- NAMI-NH has a wide range of online support offerings at: http://www.naminh.org/findsupport/support-groups/
- Smart Recovery offers an online schedule at: http://www.smartrecovery.org/community/calendar.php
- The Center on Addiction offers online support at: https://www.centeronaddiction.org/thebuzz-blog/covid-19-online-and-remote-resources-addiction-support







RECOVERY

Continuing to abstain from substances after treatment is also important. These services offer support and help once treatment is completed.

Please CALL providers to verify their operating schedules during COVID - 19.

1ST BAPTIST CHURCH OF DERRY

Family Support Group 44 E Broadway, Derry, NH (603) 432-3482 www.fbcderry.org/ Day: Mon 6:30pm - 8:00pm

1ST BAPTIST CHURCH OF PLAISTOW

Family Support Group and 12 Step 122 Main St, Plaistow, NH (603) 382 - 5075 www.fbcplaistow.org/ Day: Fri 7:30 - 8:15pm (12 Step).

1ST PARISH CONGRESSIONAL CHURCH

12 Step Recovery Programs 47 E Derry Rd, Derry, NH (603) 434-0628 www.fpc-ucc.org/ Day: Sat 7:30pm

ATKINSON COMMUNITY CENTER

12 Step Recovery Programs 4 Main St, Hampstead, NH (603) 362-5531 Day: Thurs 7:30 - 9:00pm, Sat 11:00am - 1230pm

CHURCH OF THE TRANSFIGURATION

12 Step Recovery Programs
1 Hood Rd, Derry, NH
(603) 432-2120
www.dcoft.org/
Please contact the church for meeting information.

DERRY FRIENDSHIP CENTER

12 Step Recovery Programs 6 Railraod Ave, Derry, NH (603) 432-9794 www.thederryfriendshipcenter.org/

There are multiple meetings daily. Please visit website for in-person and virtual meeting schedules.

FASTER

Family Support Group Marion Gerrish Community Center, 39 W Broadway, Derry, NH (603) 247-7322 www.mwvsupportsrecovery.org/ Day: Wed 6:30pm - 8:00pm

GRANITE RECOVERY CENTERS (PRITTS RECOVERY CENTER)

Heroin Anonymous

Recovery support groups, recovery center activities 6 Manor Parkway, Salem, NH

(603) 552-5772 www.graniterecoverycenters.com/ pritts-recovery-center/

Visit the website for specific meeting information.

HAMPSTEAD CONGRESSIONAL CHURCH

12 Step Recovery Programs
61 Main St, Hampstead, NH
(603) 329-6985
www.hampsteaducc.org/
Day: Thurs 7:30 - 9:00 pm, Sat 11:00am 1230pm; Support group for family members
living with addiction 3rd Monday of month at
6:00pm



RECOVERY CONTINUED

LIVE FREE RECOVERY

Adolescent IOP

(603) 563-0061 Insurance Accepted: Tufts, NH Healthy Families, Cigna, Harvard Pilgrim, Anthem, Medicaid

MARION GERRISH COMMUNITY CENTER 12

Step Recovery Programs

39 W Broadway, Derry, NH (603) 434-8866 https://www.mgccderrynh.org/groups/ Please visit the website for groups currently operating at the Center

MARY QUEEN OF PEACE

12 Step Program 200 Laurence Rd, Salem NH (603) 893-8661

www.saintsmaryandjoseph.org/ Please visit the website for more information,

NORTHEAST REHAB HOSPITAL

Hopeful, Helpful, Grateful 70 Butler St, Salem, NH (603) 893-2900 Please call for meeting information

ORCHARD CHRISTIAN FELLOWSHIP CHURCH

136 Pillsbury RD, Londonderry, NH (603) 425-6231

https://www.orchardnh.org/calendar
Please visit the website for group information.

ST. CHRISTOPHER'S CHURCH

12 Step Recovery Programs 187 E Hampstead Rd, Hampstead, NH (603) 329-4674 www.stchristophersnh.org/ Please contact the Church for Group Info.

ST DAVID'S CHURCH

12 Step Recovery Programs 231 Main St, Salem, NH

(603) 893-0342 www.stdavidsalemnh.org/site/ Day: Sun 7:30pm, Mon 7:30pm, Tues 6:45pm, Wed 5:30pm, 7:00pm, Fri 8:00pm, Sat 10:30am

STEVENS MEMORIAL HALL

12 Step Recovery Programs 2 Chester Rd, Chester, NH Day: Wed 8:00pm - 930pm



RECOVERY CONTINUED

ST PETERS EPISCOPAL CHURCH

12 Step Recovery Programs 3 Peabody Rd, Londonderry, NH (603) 437-8333 www.stpeterslondonderry.org/ Day: Wed 12:00pm

WEST BRIDGE COMMUNITY SERVICES

Men Only. Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Intensive Outpatient Programs, Residential Services, Medication Assisted Treatment (buprenorphine) 1316 Elm Street, Suit 400, Manchester, NH 03101 (603) 634-4446 www.westbridge.org Self pay

TRIUMPHANT CROSS LUTHERAN CHURCH

12 Step Recovery Programs 171 Zion Hill Rd, Salem, NH (603) 893-0305 www.triumphantcross.org/ Day: Mon - Fri 12:00 - 1:00pm

WINDHAM TOWN HALL

12 Step Recovery Programs 3 N Lowell Rd, Windham, NH (603) 965-1200 www.windhamnh.gov Day: Sun 10:00pm - 11:30am



Resources and Support for those in need of additional assistance.

OTHER RESOURCES

2-1-1 NH http://www.211nh.org

2-1-1 is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community

Servicelink

8 Commerce Dr #802 Atkinson, NH 03811 (603) 893-9769 http://www.servicelink.nh.gov

Offers: The citizens of Rockingham County the assistance they deserve as they contemplate longterm care options, sign up for Medicare or Marketplace insurance, or apply for state benefits.

US Dept. of Veterans Affairs

718 Smyth Rd. Manchester, NE 03301 (603)624-4366 Crisis Line: 1-800-273-8255 X1

http://www.manchester.va.gov

Offers: A wide range of medical and supportive care including Substance Misuse Services and Mental Health

Easter Seals New Hampshire

555 Auburn St. Manchester, NH 03103 (603) 623-8863 http://www.eastersealsnh.org

Offers: A lifespan of programs and opportunities to people with disabilities and/or special needs including a Veterans Support program vetscount@eastersealnh.org



SOUTHERN NH SERVICES

Rockingham Community Action Program 9 Crystal Ave. Derry, NH 03038 (603) 965-3029 http://www.snhs.org

Offers: Numerous programs including fuel assistance, food stamps (SNAP), Head Start, Commodity Food Program and more.

NH LEGAL ASSISTANCE

1850 Elm St. Manchester, NH 03104 (603) 668-2900 http://www.nhla.org

Offers: Victims Assistance, Tenant Rights, Public Benefits Representation, Utilities Issues, Youth Law and other services.

Community Crossroads NH

8 Commerce Drive, Unit 801 Atkinson, NH 03811 (603) 893-1299 http://www.communitycrossroadsnh.org

Offers: A comprehensive community agency serving families and individuals with disabilities or chronic health conditions from birth to elder years through conflict free case management.