Honored to Serve the Communities of:
Atkinson, Chester, Danville, Derry, Hampstead, Londonderry, Plaistow, Salem, Sandown and Windham

Network Sponsors:
NETWORK COLLABORATORS

PROJECT LEADERSHIP
Granite United Way -
Host Agency and Contract Administrator

SUB-CONTRACTOR AGENCIES
Community Alliance for Teen Safety –
Substance Misuse Prevention

Greater Derry Community Health Services –
Public Health Advisory Council

Parkland Medical Center -
Public Health Emergency Preparedness

The Upper Room –
Young Adult Strategies

And the many, many community representatives from prevention, recovery, preparedness, first response and leadership who have volunteered their talents and resources to further the work of keeping our communities healthy and safe.
PUBLIC HEALTH ADVISORY COUNCIL (PHAC)

The PHAC is comprised of volunteer representatives from a wide array of organizations including but not limited to health care, schools and social service agencies representing the communities served by the network.

The primary work of the PHAC is to set regional health priorities, provide guidance for public health activities, and ensure coordination of health improvement efforts. It is responsible to collect, analyze and disseminate data about the health status of the region; educate network partners about on-line and other sources of data; and participate in community health assessments.

This year, the Public Health Advisory Council (PHAC), supported by Greater Derry Community Health Services focused much of its energy on completing its Community Health Needs Assessment http://southcentralphn.org/wp-content/uploads/2020/09/South-Central-NH-PHN-2020-Needs-Assessment-3.5.pdf followed by development of the Community Health Improvement Plan http://southcentralphn.org/wp-content/uploads/2021/06/CHIP-for-SCPHN-2ndversion.pdf for the region. The plan is a call to action and plea to regional residents to be mindful about their health, safety and wellbeing.

SUBSTANCE MISUSE PREVENTION & CONTINUUM OF CARE (SMP/COC)

The Community Alliance for Teen Safety (CATS) coordinated substance misuse prevention efforts throughout the South Central region on behalf of the network. A primary accomplishment in the period is that in 2019 and 2021 enough high schools in the region participated for the first time in administering the YRBS to produce anonymous weighted data for the schools, region and state to identify emerging issues or trends and build on the strengths identified in the data. In addition, the team supported community partners by providing naloxone, through a partnership with the Doorways, to agencies, police departments, EMS services, mental health centers, churches, schools and others.

The SMO/COC team focused on enhancing data collection. This is because substance misuse is one of the most prevalent and problematic of public health issues. It presents a wide range of safety and health risks and impacts an individual’s physical, social, and emotional well-being. Substance misuse involving tobacco, alcohol, illicit drugs, misuse of prescription drugs, or combinations of all these behaviors poses negative consequences for the health and well-being of individuals, families, and communities. In addition to contributing to both acute and chronic disease and injury, substance misuse is associated with destructive social conditions, including family dysfunction, lower prosperity, domestic violence, and crime.
In addition, the team supported the National Prescription Take Back events throughout the region;

- The establishment of the Mental Health Collaborative in partnership with the Granite YMCA in Londonderry;

- The support of community partners by providing naloxone, through a partnership with the Doorways, to agencies, police departments, EMS services, mental health centers, churches, schools and other organizations, and;

- Continued support and collaboration with The Southern Rockingham Coalition for Healthy Youth (SoRock), that serves 5 towns in the SCPHN as well as 3 towns in the neighboring Seacoast PHN.

**YOUNG ADULT STRATEGIES (YAS)**

The Upper Room (TUR) implements Young Adult Strategies for substance misuse prevention on behalf of the South Central Public Health Network. In the past year, Young Adult Strategies provided:

- Services - one-on-one with young adults, through ZOOM presentations and on-demand workshops;

- Messaging and education were also delivered via social media platforms, websites, and at local public and school events.

The YAS team worked collaboratively with our Substance Misuse Prevention team to raise awareness, bring community partners together and support our communities. In a Facebook survey of more than 80 young adults, at least 60% reported concern about their mental health and 50% felt that they could benefit from reducing their substance use.
Prior to the COVID-19 pandemic, the South Central Public Health Network (SCPHN) had been building strong relationships with first responders, municipalities, school districts, community healthcare providers, and other sectors across the region and throughout NH. During the pandemic, the South Central Public Health Emergency Preparedness (PHEP) scope of work counted on those partnerships to help support vaccination efforts across the region. PHEP engaged with 28 community partner agencies, municipalities, first responders, healthcare organizations, and school districts to bring COVID-19 vaccines to community members.

Additionally, the South Central Public Health Network relied heavily on the South Central NH Medical Reserve Corps (MRC) for clinical and nonclinical staffing needs at South Central mobile vaccine clinics. This compassionate team of fifty-five dedicated volunteers assisted in all aspects of COVID-19 vaccine clinic operations from set-up, screening, registration, administration, vaccine data entry, observation, and demobilization. The MRC Volunteers believed in the cause and were determined to improve the health and safety of residents in NH.

Since January, 2021, with assistance from our community partners, State partners, and the South Central NH MRC, South Central Public Health coordinated the administration of 12,767 COVID-19 vaccinations and held 67 Mobile COVID-19 Vaccine Clinics in the South Central Region.

In April 2022, the South Central Public Health Network staff and South Central NH MRC were recognized by the Derry Town Council for exemplary efforts in assisting the community through the pandemic. South Central staff and volunteers were proud to stand alongside staff from Parkland Medical Center and Derry Fire and EMS as the Town of Derry honored local healthcare workers with a proclamation of gratitude.

In November, 2021, the South Central NH Medical Reserve Corps COVID-19 Response Volunteers were honored with a Spirit of New Hampshire Volunteer Group Service Award. The Volunteers were recognized for going above and beyond the call to serve throughout the Granite State.

SCPHN extends appreciation and gratitude for the participation and collaboration efforts of our public safety departments, health departments, and school districts in Salem, Derry, Pinkerton, Windham, Hampstead, Plaistow, Timberlane, Londonderry, and Chester. The success of the COVID-19 response in the South Central Region was made possible by all these entities working together to protect the health and safety of the citizens in the South Central Region.

There have been many tragic outcomes of this pandemic, but our region has also seen much resilience. The Spirit of us All being in this together was deeply felt and immensely appreciated. We are proud of what we have accomplished, and very grateful for all our partners in the community that supported our COVID-19 response efforts.
In the year ahead the South Central Public Health Network will:

- Work to implement recommendations of the 2021 Community Health Improvement Plan (CHIP).
- Advance the work of Prevention, Treatment, Recovery and Workplace Friendly practices intended to reduce Substance Use Disorders in the region.
- Support Emergency Preparedness priorities to protect public health.
- Continue to expand relationships in the disabilities community to promote inclusion.
- Expand partnerships related to regional priorities identified in CHIP.
- Seek funding for regional priorities identified in the CHIP.

**SOUTH CENTRAL NH PUBLIC HEALTH NETWORK**

The healthiest and safest communities in New Hampshire!

**THE MISSION**

“Working together we will identify public health priorities and develop solutions to improve community health and safety.”

**PLUG IN...**

**GET INVOLVED...**

**BE A PART...**

The South Central Public Health Network welcomes community members from across the region to contact us and become partners in the work of ensuring the health and safety of its communities.

Visit:
South Central Public Health Network
http://www.southcentralphn.org

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