

# Substance Support Service Navigator for the South Central Region

Updated September 2021











## What is The South Central Public Health Network?

The South Central NH Public Health Network (SCPHN) is a collaborative of partner agencies that are working to enhance and improve community health and public health services across the region. Public Health is the practice of preventing disease and promoting good health within our communities. Public health is **YOUR HEALTH.** It embodies everything from clean air to safe food and water, as well as access to health care and safe communities.

Through public health planning and initiatives, people get sick less frequently, children have the opportunity to grow into healthy adults, individuals make healthier and safer choices and the community is better prepared to respond to crises and recover from them.

The South Central Public Health Network and its core subcontractors look forward to working with partner agencies and our communities across many sectors to develop strategies and solutions that will respond to your needs in a methodical and informed way.

Our vision is to become the healthiest and safest communities in New Hampshire by identifying public health priorities and developing solutions to improve community health and safety.

Towns: Atkinson, Chester, Danville, Derry, Hampstead, Londonderry, Plaistow, Sandown, Salem & Windham

# **Purpose of The Navigator:**

We encourage you to reach out and get help! The purpose of this resource navigator is to shed light on the services available in the South Central region. A part of the network is the Continuum of Care for substance use disorders. The Continuum of Care scope of work includes prevention, early intervention and identification, treatment, and recovery resource idendification We hope that you use this guide to locate services in order to fit your needs, no matter where in the continuum you fall.

For more information on this resource guide or to add your agency please contact: katemacdonald@catsnh.org.











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# IN CASE OF EMERGENCY, DIAL 911 FOR IMMEDIATE POLICE OR FIRE DEPARTMENT RESPONSE.

If you need other **IMMEDIATE ATTENTION**:

<u>Dial 988 Suicide and Crisis Lifeline</u> https://988lifeline.org/

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

<u>Dial 2-1-1</u> www.211nh.org/

2-1-1 is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community.

Parkland Medical Center 1 Parkland Dr. Derry, NH 03038

603-432-1500









Prevention is our first line of defense against substance use disorders! The programs below exist in schools and in the community to prevent substance use disorders from happening in the first place.

#### **PREVENTION**

#### **BOYS & GIRLS CLUB OF GREATER DERRY**

40 E Derry Rd. Derry, NH 03038

(603) 434-6695 www.derrybgclub.org

Youth Organization. Offers: Skills Mastery and Resistance Training Program (SMART) addressing the problems of drug and alcohol use and disruptive behaviors.

#### **BOYS & GIRLS CLUB OF GREATER SALEM**

Geremonty Dr. Salem, NH 03079

(603) 898-7709 www.bgcgs.org

Youth Organization. Offers: Skills Mastery and Resistance Training Program (SMART) addressing the problems of drug and alcohol use and disruptive behaviors.

#### **COMMUNITY ALLIANCE FOR TEEN SAFETY**

1 Hood Rd. Derry, NH 03038

(603) 434-5251 www.catsnh.org

Youth Safety and Prevention. Offers: Safety Programming, Healthy Decision Making and Substance Misuse Prevention Education and Advocacy.

#### **HEALTHY LONDONDERRY**

Londonderry, NH 03053

Healthy lifestyle, Decision Making and Substance Misuse Prevention Education initiative of the Town of Londonderry. @Healthy03053; www.facebook.com/HEALTHYLondonderry/

#### **DERRY COOPERATIVE SCHOOL DISTRICT: SAU 10**

18 S Main St, Derry, NH 03038 (603) 432-1210 www.sau10.org

Offers: Youth education; Guidance; a Culture of Safety; Awareness of Behavioral Health Needs; Supportive Communication; Red Ribbon week; Life of An Athlete; Child of an Alcoholic group

#### **LONDERRY SCHOOL DISTRICT: SAU 12**

268 Mammoth Rd. #C Londonderry, NH 03053 (603) 432-6920 www.londonderry.org

Offers: Youth education; Guidance; a Culture of Safety; Awareness of Behavioral Health Needs; Supportive Communication; Red Ribbon week; Life of An Athlete; Child of an Alcoholic group

#### **TIMBERLANE REGIONAL SCHOOL DISTRICT: SAU55**

30 Greenough Rd. Plaistow, NH 03865 (603) 382-6119 www.timberlane.net/sau

Offers: Youth Education; Life of an Owl and Student Assistance Program for screening on mental health/substance misuse.

#### **SALEM SCHOOL DISTRICT: SAU 57**

38 Geremonty Dr. Salem, NH 03079 (603) 893-7040 www.sau57.org

Offers: Youth Education; Guidance; Drug and Alcohol education through health class curriculum in middle and high school; Life of a Blue Devil; Senior Safe Night; Red Ribbon week.

#### **CHESTER SCHOOL DISTRICT: SAU 82**

22 Murphy Dr. Chester, NH 03036

(603) 887-3621 www.edline.net/pages/Chester\_Academy

Offers: Youth Education on Health; Guidance; Mental Health Needs Assessment; Mental Health Referral; DARE.

#### **WINDHAM SCHOOL DISTRICT: SAU 95**

19 Haverhill Rd, Windham, NH 03087

(603) (603)425-1976 www.windhamsd.org

Offers: Youth Education; Friends of Rachel (bullying and violence prevention); Challenge Day (anti-bullying); Life of an Athlete; DARE.



## PREVENTION CONTINUED

# SOUTHERN ROCKINGHAM COALITION FOR HEALTHY YOUTH

17 Danville Rd. Kingston, NH 03848 (603) 642-3341 ext. 196 www.sorocknh.org

The Southern Rockingham Coalition for Healthy Youth (SoRock) is helping to promote, support, and sustain healthy choices for children, youth and families in our communities by actively working to reduce and prevent alcohol, marijuana, prescription and other drug misuse.

#### THE UPPER ROOM A FAMILY RESOURCE CENTER

36 Tsienneto Rd. Derry, NH 03038 (603) 437-8477 www.urteachers.org

Prevention and Early Intervention Services: Youth Education; Substance Misuse Prevention; Anger Management; Juvenile Diversion; School Suspension; Parent Support Groups; Resource and Referral; Individual and home based counseling; Young Adult Services related to substance misuse; SBIR and SASSI.

#### YMCA OF GREATER LONDONDERRY

206 Rockingham Rd, Londonderry, NH 03053 (603) 437-9622 www.graniteymca.org/locations/greater-

londonderry

Offers: Youth Educational Programs; Teen Zone; Before and After School Childcare for grades K-5; Teen Nights; Parenting a Second Time Around - Tuesdays at 6:00pm



Before a problem can be addressed, it must be first diagnosed. It can be a challenge to navigate through services and resources. Physicians and clinicians can be a big help during the process.

#### INTERVENTION & EARLY IDENTIFICATION

#### **ALLCARE MEDICAL ASSOCIATES**

Primary Care
22 Main St, Salem, NH 03079
(603) 893-7905
www.allcaremedical.org/
Insurance Accepted: Most Private Insurance

#### **CORE PEDIATRIC ADOLESCENT MEDICINE**

Primary Care for 17 and Under (603) 257-4000 24 Plaistow Road (Suite 3), Plaistow, NH 03865 www.corephysicians.org Insurance Accepted: Most private insurance, medicare, medicaid

#### **ELLIOT PRIMARY CARE**

Primary Care
40 Buttrick Rd, Londonderry, NH 03053
(603) 626-4392
elliothospital.org/website/managed-care-plannames-and-website-links.php
Insurance Accepted: Most insurances accepted including medicare/medicaid

#### **EVERYCARE MEDICAL ASSOCIATES**

**Primary Care** 

(603) 685-4609 59 Stiles Rd #104, Salem, NH 03079 www.evercaremedicalassociates.com/ Insurance Accepted: Most private insurance, medicare, medicaid

#### **FAMILY HEALTH MATTERS OF SALEM NH**

Primary Care 23 Stiles Rd #210, Salem, NH 03079 (603) 386-0100 Insurance Accepted: Most private insurance, Wellpoint, Wellsense

#### **GREATER DERRY COMMUNITY HEALTH SERVICES**

(603) 425-2545
14 Tsienneto Rd, #301, Derry, NH 03038
www.chsgreaterderry.org/
Provide Case Management/Care coordination,
Resource Identification and Human Services
Assistance

#### **GREATER HAMPSTEAD FAMILY MEDICINE**

Primary Care 207 Stage Rd, Hampstead, NH 03841 (603) 329-5222 www.ghfmpc.com Insurance Accepted: Most insurances accepted including medicare/medicaid

#### LOEW FAMILY MEDICAL PRACTICE

Primary Care
23 Stiles Rd, Salem, NH 03079
(603) 898-9834
doctor.webmd.com/practice/loew-family-medical-practice-pllc-a91056c8-4703-e211-a42b-001f29e3eb44-insurance
Insurance Accepted: Most private insurance



#### INTERVENTION & EARLY IDENTIFICATION CONTINUED

# DERRY MEDICAL CENTER/ LONDONDERRY FAMILY PRACTICE

Primary Care
6 Tsienneto Rd #100, Derry, NH 03038
(603) 537-1300
www.derrymedicalservices.com
Insurance Accepted: Most insurance accepted,
medicaid for existing patients only

#### **RICHARD KANIA, MLADC**

Evaluation (Specialty: Court ordered MLADC) (978) 852-3395 4 Birch St, 2nd Floor, Derry, NH www.RichKania.com Self pay

#### **SALEM FAMILY PRIMARY CARE**

Primary Care
29 Stiles Rd #301, Salem, NH 03079
(603) 870-5452
www.bidmc.org/pcpsalemfamilyprimarycare
Insurance Accepted: Most private insurance

#### **SOUTHERN NH INTERNAL MEDICINE**

Primary Care 6 Tsienneto Rd, Derry, NH 03038 (603) 216-0400 www.snhima.com/ Insurance Accepted: Most major insurance accepted

#### **LONDONDERRY PEDIATRICS**

25 Buttrick Road, Londonderry, NH 03053 (603) 437-1003 www.londonderrypediatrics.com Insurance: Accepted: Most insurance accepted

#### ATTENTION PHYSICIANS! ARE YOU UTILIZING SBIRT?

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

SBIRT is an evidence-based, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorder, as well as those who are at risk of developing substance use disorder. SBIRT requires screening of every patient for potential alcohol or other drug problems and a response which reinforces non-harmful use, educates about the impact of substance misuse on overall health and safety, and supports patients with problematic use in accessing further assessment, diagnosis, and treatment. New Hampshire has several initiatives in place to expand SBIRT in Primary Care settings and Community Health Centers.



These services exist for those that are ready to seek help. There are two main types of treatment programs; inpatient and outpatient. Inpatient is being admitted into a hospital or facility to be closely monitored. Outpatient treatment can include individual and/or group counseling but allows the person to remain at home and still work or attend school.

## TREATMENT/ RECOVERY

ADCARE ADDICTION TREATMENT CENTER
Serving Massachusetts and Southern NH.
Inpatient, Outpatient and Virtual Services
Available (866) 437-0779
http://www.adcare.com
Insurance Accepted: MMost private insurance

#### **ADDICTION RECOVERY SERVICES**

Withdrawal Management, Evaluation, Intensive Outpatient Programs, Medication Assisted Treatment (buprenorphine). 18+23 Stiles Rd Ste 108, Salem, NH (814) 515-9896 www.arsnh.com

Insurance Accepted: Private insurance, sliding fee scale, self pay and NH Medicaid

#### **ALLIANCE COUNSELING & THERAPEUTIC SERVICES**

Evaluation, Individual Outpatient Counseling 18+59 Stiles Rd #203, Salem, NH 03079 (603) 952-4630 alliancecounselingservices.net/
Insurance Accepted: Private Insurance, Sliding fee scale, self pay

#### AWARE RECOVERY CENTER

In-Home, must be able to pass urinalysis, post detox. Intake Evaluation and Assessment and Possible Referral for Detox, Full Evaluation and Ongoing Case Review by an Addiction Pychiatrist, Ongoing Medical Care and Oversight by an RN, Daily Recovery Guidance and Support, Therapeutic Family Assessment and ongoing review with a licensed Family Therapist, Wellness and Life Coaching, and Family Systems Approach Available statewide

(603) 769-8462 www.awarerecoverycare.com Insurance Accepted: BCBS, Medicaid through BCBS

#### **BETWEEN US ASSOCIATES**

Individual Outpatient Therapy 151 Main St #6c, Salem, NH 03079 (603) 836-5003 www.betweenusassociates.com/ Insurance Required: Yes Insurance Accepted: Most private insurance

#### **BRESNAHAN AND BALL COUNSELING SERVICES**

Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Recovery Support Services (Anger Management, Recovery Mentoring and Relapse Prevention Management, Care Coordination, Other Recovery Support Services)
Homeless Specialty, Pregnant or Parenting Women Specialty, Military and Veterans Specialty, Gender-Specific Men Specialty, Gender-Specific Women Specialty
1B Commens Dr Suite 7, Londonderry, NH 03053 (603) 965-6477
www.bresnahanandballcounselingservices.com/

medicare, medicaid, self pay

Insurance Accepted: Most private insurance,

#### **CLEAR BROOK COUNSELING SERVICES**

Gender-Specific Men Specialy, Evaluation, Individual Outpatient Counseling, Medication Assisted Treatment (naltrexone)
75 Gilcreast Rd #200, Londonderry, NH 03053 (603) 434-8040
www.clearbrookcounseling.com/
Insurance Accepted: Sliding fee scale, self pay



#### TREATMENT/ RECOVERY CONTINUED

#### **CROSSROADS RECOVERY CENTER**

Evaluations, Intensive Outpatient Programs (IOP), Individual Counseling and Psychiatric Medication Services 155 Main St, Salem, NH

(603) 912-4490 www.crossroadsrecoverycenter.com Insurance Accepted: Incl: Blue Cross and Blue Shield and Medicaid including NH Healthy Families, Wellsense and Amerihealth

#### **DUBE COUNSELING**

18+ Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling 50 Nashua Rd, Londonderry, NH 03053 (603) 848-6347 Self pay

#### **FARNUM CENTER**

18+, Pregnant or Parenting Women Speciality, Gender Specific Men, Gender Specific Women, Military and Veterans. Withdrawal Management, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Intensive Outpatient Programs, Partial Hospitalization, Residential Services, Medication Assisted Treatment (buprenorphine) 140 Queen City Ave, Manchester, NH (603) 622-3020 www.farnumcenter.org

Insurance Accepted: Most private insurance, medicare, sliding fee scale, self pay

#### **GRANITE HOUSE**

Residential Services for men and women in recovery. 35 West Broadway, Derry, NH

(603) 216-5094 www.granitehousel.com

Insurance Accepted: Self pay, Medicaid. Call for information.

#### **GRANITE RECOVERY CENTERS**

Men Only Outpatient Individual Therapy, Group Therapy, and free recover support services. 6 Manor Parkway, Salem, NH (877) 890-3234 www.graniterecoverycenters.com/ Insurance Accepted: Self pay. Outpatient work with private insurance

#### HAMPSTEAD HOSPITAL

Withdrawal Management, Evaluation, Intensive
Outpatient Programs, Partial Hospitalization,
Residential Services, Medication Assisted Treatment
(buprenorphine)
218 East Rd, Hampstead, NH
(603) 329-5311
www.hampsteadhospital.com
Insurance Required: Yes
Insurance Accepted: Most private insurance

#### **HERB MEYER FAMILY PRACTICE**

18+ Withdrawal Management, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Medication Assisted Treatment (buprenorphine), Recovery Support Services 391 Main St, Danville, NH (603) 303-0646
Insurance Accepted: Most private insurance, self pay, medicaid

#### **SALEM PSYCHOLOGICAL ASSOCIATES**

Individual Therapy, Marital Therapy, Family Therapy, Group Therapy, Psychological Assessment, Substance Misuse Assessment and Treatment, Parenting Education, Coordination with School Staff 87 Stiles Road, Suite 106. Salem, NH 03079 (603) 893-7700

http://www.salempsychologicalassociates.com Most private insurance accepted plus Medicaid and Medicare.



## TREATMENT/ RECOVERY CONTINUED

#### **NEW ENGLAND PASTORAL INSTITUTE**

15 Ermer Road, suite 125
Salem, NH 03079
(603) 890-6767
18+ Individual Outpatient Care
Insurance Accepted: Some Insurance Plans and Self
pay. Call for information

#### NH SUBOXONE CENT

Medication Assisted Treatment (buprenorphine) 159 North Broadway, Salem, NH (603) 490-3984 Self Pay Only

#### **REVIVE RECOVERY**

Substance Misuse and Addiction Recovery Support through peer recovery and family support services Regional Location:

Derry Friendship Center 6 RailRoad Ave., Derry, NH 03038 (888)) 317-83122 - press 22 Call for Information. NH Medicaid Accepted

#### **ROCKINGHAM FAMILY COUNSELING CLINIC**

10 Bricketts Mill Rd, Suite A, Hampstead, NH (855) 771-4109

www.waynehansenms.com/

Specializing in relationship issues, Counseling for all ages and substance misuse counseling and support. Additional support for coping skills, anger management and family conflict.

Insurance Accepted: Please call for information.

#### THE CENTER FOR LIFE MANAGEMENT

18+ Screening, Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling 10 Tsienneto Rd, Derry, NH 03038 and 103 Stiles Rd, Salem, NH 03079 (603) 434-1577 www.centerforlifemanagement.org Insurance Accepted: Most private insurance, medicare, medicaid, self pay

#### **THE COUNSELING CENTER OF NE**

18 + Outpatient Individual Therapy, Medication Assisted Treatment 50 Nashua Rd #305, Londonderry, NH 03053 (603) 432-3033 www.counselingcenter.com/ Insurance Accepted: Most private insurance, self pay

#### THE CYPRESS CENTER

18+, Partial Hospitalization 401 Cypress St, Manchester, NH (603) 668-4111 Insurance Accepted: Most private insurance

# THE MENTAL HEALTH CENTER OF GREATER MANCHESTER

Community mental health center, screening, evaluation, individual outpatient counseling 401 Cypress St, Manchester, NH (603) 668-4111

Insurance Accepted: Most commercial plans and medicaid/medicare for eligible patients



# WANT HELP?

# **NOT YET**

Call 2-1-1 for information and resources.

## YES

**Get a skilled assessment** from a medical or substance use disorder provider.

# WHERE DO I GET AN ASSESSMENT?

# **INSURANCE**

Visit your primary care doctor or any of the providers listed on this page.

## **NO INSURANCE**

Families in Transition Healthcare for the Homeless Office of Youth Services

# REVIEW TREATMENT OPTIONS INPATIENT

Farnum Center: (603) 622-3020

Cypress Center: (603) 668-4111

West Bridge Community Services: **(603) 634-4446** 

# **OUTPATIENT**

Aware Recovery (603) 769-8462

Live Free Recovery (603) 563-0061

Crossroads Recovery (603) 912-4490

Granite Recovery Center (877) 890-3234

Addiction Recovery Services (814) 515-9896

New England Pastoral Institute (603) 890-6767

NH Suboxone Center (603) 490-3984

Hampstead Hospital (603) 329-5311



# VIRTUAL RESOURCES DURING COVID-19

If you are searching for online support during COVID-19 there are several local treatment and recovery organizations that are offering telehealth and virtual support services.

You May be Apart from Others, but You are Not Alone!

Addiction Recovery Services 23 Stiles Rd, Suite 108 Salem NH 814-515-9896 www.arsnh.com

Crossroads Recovery 155 Main St Salem, NH 603-912-4490 www.crossroadsrecoverycenter.com

Farnum Center 140 Queen City Ave Manchester, NH 603-622-3020 www.farnumcenter.org HOPE FOR NH RECOVERY
Meetings Online (12- Step, SMART)
293 Wilson St
Manchester NH
603-935-7524
www.hopefornhrecovery.org

DERRY FRIENDSHIP CENTER Meetings online (12- Step) (603) 432-9794 www.facebook.com/ derryfriendshipcenter

YMCA OF GREATER LONDONDERRY Parenting A Second Time Around Group Tuesdays 6-7:30pm (603)437-9622 Ask for Lisa

#### There are numerous other opportunities for virtual support:

- Alcoholics Anonymous meetings can be found at: http://www.nhaa.net/meetings
- NAMI-NH has a wide range of online support offerings at: http://www.naminh.org/find-support/support-groups/
- Smart Recovery offers an online schedule at: http://www.smartrecovery.org/community/calendar.php
- The Center on Addiction offers online support at: https://www.centeronaddiction.org/thebuzz-blog/covid-19-online-and-remote-resources-addiction-support







## **RECOVERY**

Continuing to abstain from substances after treatment is also important. These services offer support and help once treatment is completed.

Please CALL providers to verify their operating schedules during COVID - 19.

#### **1ST BAPTIST CHURCH OF DERRY**

Family Support Group 44 E Broadway, Derry, NH (603) 432-3482 www.fbcderry.org/ Day: Mon 6:30pm - 8:00pm

#### **1ST BAPTIST CHURCH OF PLAISTOW**

Family Support Group and 12 Step 122 Main St, Plaistow, NH (603) 382 - 5075 www.fbcplaistow.org/ Day: Fri 7:30 - 8:15pm (12 Step).

#### **1ST PARISH CONGRESSIONAL CHURCH**

12 Step Recovery Programs 47 E Derry Rd, Derry, NH (603) 434-0628 www.fpc-ucc.org/ Day: Sat 7:30pm

#### **ATKINSON COMMUNITY CENTER**

12 Step Recovery Programs 4 Main St, Hampstead, NH (603) 362-5531 Day: Thurs 7:30 - 9:00pm, Sat 11:00am - 1230pm

#### **CHURCH OF THE TRANSFIGURATION**

12 Step Recovery Programs
1 Hood Rd, Derry, NH
(603) 432-2120
www.dcoft.org/
Please contact the church for meeting information.

#### **DERRY FRIENDSHIP CENTER**

12 Step Recovery Programs 6 Railraod Ave, Derry, NH (603) 432-9794 www.thederryfriendshipcenter.org/

There are multiple meetings daily. Please visit website for in-person and virtual meeting schedules.

#### **FASTER**

Family Support Group Marion Gerrish Community Center, 39 W Broadway, Derry, NH (603) 247-7322 www.mwvsupportsrecovery.org/ Day: Wed 6:30pm - 8:00pm

# GRANITE RECOVERY CENTERS (PRITTS RECOVERY CENTER)

Heroin Anonymous

Recovery support groups, recovery center activities 6 Manor Parkway, Salem, NH

(603) 552-5772 www.graniterecoverycenters.com/ pritts-recovery-center/

Visit the website for specific meeting information.

#### HAMPSTEAD CONGRESSIONAL CHURCH

12 Step Recovery Programs
61 Main St, Hampstead, NH
(603) 329-6985
www.hampsteaducc.org/
Day: Thurs 7:30 - 9:00 pm, Sat 11:00am 1230pm; Support group for family members
living with addiction 3rd Monday of month at
6:00pm



#### RECOVERY CONTINUED

#### LIVE FREE RECOVERY

Adolescent IOP

(603) 563-0061 Insurance Accepted: Tufts, NH Healthy Families, Cigna, Harvard Pilgrim, Anthem, Medicaid

#### **MARION GERRISH COMMUNITY CENTER 12**

Step Recovery Programs

39 W Broadway, Derry, NH (603) 434-8866 https://www.mgccderrynh.org/groups/ Please visit the website for groups currently operating at the Center

#### **MARY QUEEN OF PEACE**

12 Step Program 200 Laurence Rd, Salem NH (603) 893-8661

www.saintsmaryandjoseph.org/ Please visit the website for more information,

#### **NORTHEAST REHAB HOSPITAL**

Hopeful, Helpful, Grateful 70 Butler St, Salem, NH (603) 893-2900 Please call for meeting information

#### **ORCHARD CHRISTIAN FELLOWSHIP CHURCH**

136 Pillsbury RD, Londonderry, NH (603) 425-6231

https://www.orchardnh.org/calendar
Please visit the website for group information.

#### ST. CHRISTOPHER'S CHURCH

12 Step Recovery Programs 187 E Hampstead Rd, Hampstead, NH (603) 329-4674 www.stchristophersnh.org/ Please contact the Church for Group Info.

#### ST DAVID'S CHURCH

12 Step Recovery Programs 231 Main St, Salem, NH

(603) 893-0342 www.stdavidsalemnh.org/site/ Day: Sun 7:30pm, Mon 7:30pm, Tues 6:45pm, Wed 5:30pm, 7:00pm, Fri 8:00pm, Sat 10:30am

#### **STEVENS MEMORIAL HALL**

12 Step Recovery Programs 2 Chester Rd, Chester, NH Day: Wed 8:00pm - 930pm



### RECOVERY CONTINUED

#### ST PETERS EPISCOPAL CHURCH

12 Step Recovery Programs 3 Peabody Rd, Londonderry, NH (603) 437-8333 www.stpeterslondonderry.org/ Day: Wed 12:00pm

#### **WEST BRIDGE COMMUNITY SERVICES**

Men Only. Evaluation, Individual Outpatient Counseling, Group Outpatient Counseling, Intensive Outpatient Programs, Residential Services, Medication Assisted Treatment (buprenorphine) 1316 Elm Street, Suit 400, Manchester, NH 03101 (603) 634-4446 www.westbridge.org Self pay

#### TRIUMPHANT CROSS LUTHERAN CHURCH

12 Step Recovery Programs 171 Zion Hill Rd, Salem, NH (603) 893-0305 www.triumphantcross.org/ Day: Mon - Fri 12:00 - 1:00pm

#### **WINDHAM TOWN HALL**

12 Step Recovery Programs 3 N Lowell Rd, Windham, NH (603) 965-1200 www.windhamnh.gov Day: Sun 10:00pm - 11:30am



#### Resources and Support for those in need of additional assistance.

#### OTHER RESOURCES

# **2-1-1 NH** http://www.211nh.org

2-1-1 is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community

#### Servicelink

8 Commerce Dr #802 Atkinson, NH 03811 (603) 893-9769 http://www.servicelink.nh.gov

Offers: The citizens of Rockingham County the assistance they deserve as they contemplate longterm care options, sign up for Medicare or Marketplace insurance, or apply for state benefits.

#### **US Dept. of Veterans Affairs**

718 Smyth Rd. Manchester, NE 03301 (603)624-4366 Crisis Line: 1-800-273-8255 X1

http://www.manchester.va.gov

Offers: A wide range of medical and supportive care including Substance Misuse Services and Mental Health

#### **Easter Seals New Hampshire**

555 Auburn St. Manchester, NH 03103 (603) 623-8863 http://www.eastersealsnh.org

Offers: A lifespan of programs and opportunities to people with disabilities and/or special needs including a Veterans Support program vetscount@eastersealnh.org



#### SOUTHERN NH SERVICES

Rockingham Community Action Program 9 Crystal Ave. Derry, NH 03038 (603) 965-3029 http://www.snhs.org

Offers: Numerous programs including fuel assistance, food stamps (SNAP), Head Start, Commodity Food Program and more.

#### **NH LEGAL ASSISTANCE**

1850 Elm St. Manchester, NH 03104 (603) 668-2900 http://www.nhla.org

Offers: Victims Assistance, Tenant Rights, Public Benefits Representation, Utilities Issues, Youth Law and other services.

#### **Community Crossroads NH**

8 Commerce Drive, Unit 801 Atkinson, NH 03811 (603) 893-1299 http://www.communitycrossroadsnh.org

Offers: A comprehensive community agency serving families and individuals with disabilities or chronic health conditions from birth to elder years through conflict free case management.